

Post-Procedure Instruction

- 1. Patient may take Ibuprofen or Tylenol for pain
- 2. Patient may feel urinary urgency and discomfort for the next few days
- 3. Patient may experience mild hematuria for the next few hours
- 4. Patient may have vaginal bleeding for the next 1-2 days
- 5. Encourage patient to increase fluid intake
- 6. May have sexual intercourse the next day

Problems that should NOT occur:

- 1. Inability to void for more than 6 hours
- 2. Extreme pain
- 3. Heavy vaginal bleeding
- 4. Foul vaginal discharge
- 5. Fever of > 100.4

If you have any questions about these instructions or the procedure, please contact us at 949-748-3880.